

RETREAT, RECONNECT, RENEW!

WESTMINSTER WOMEN'S RETREAT 2010

Retreat with other women of faith for a weekend of Bible study, prayer, singing, small group discussion, fellowship, quiet time, beach walks and fun.

Reconnect with God and with sisters in faith. Renew yourself in body, mind, and spirit! Come home rested and restored!

Presented by:



1502 West 13th Street
Wilmington, DE 19806
302-654-5214
www.wpc.org

WESTMINSTER WOMEN'S RETREAT



"Seasons of Friendship"

October 15 – 17, 2010

Marianist Family Retreat Center
www.capemaymarianists.org
Cape May, NJ

Staff Leaders: Mary Beth Davis and
Rev. Anne Ledbetter



Westminster Women's Retreat
"Seasons of Friendship"
October 15 – 17, 2010
Marianist Family Retreat Center
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ABOUT THE RETREAT

The women's retreat has been a spiritual highlight in the lives of WPC women and their guests for years. Some find that the group singing stirs their hearts and lifts their souls; others savor the time away from work and home responsibilities when they can pray, reflect and listen for the still small voice of God. This year's Cape May destination offers ample opportunity to commune with creation as well as our Creator. Many find the weekend an exceptional time of relationship building with women of all ages and stages of life.

This year's theme "Seasons of Friendship" will glean Biblical wisdom regarding friendship as both a gift and mission from God. Through singing, worship, reflection, small group discussion, table fellowship, and recreation, Westminster women will drink deep of God's Spirit – tasting all the gifts therein – and return home renewed for daily discipleship.

Details: Cost is \$150 per person, or **discounted to \$135 if paid by July 1**. Women bring their own towels, pillow cases, and sheets. The retreat center is on a point, two blocks from the ocean and the bay, and five blocks from the Cape May Lighthouse. Private rooms may not be available. All bathrooms are shared.



SCHEDULE OVERVIEW

Friday

- 7:00 Arrive (eat supper on the way)
- 7:30 Welcome, Singing, Sharing
- 8:15 Introduction to our Theme: "Seasons of Friendship"
- 9:00 Small Group Discussion
- 9:30 Evening Prayer (vespers)

Saturday

- 7:00 Early morning options: yoga, beach walk, dream group, sleep in, coffee on the porch
- 8:30 Breakfast
- 9:30 Morning Prayer
- 9:45 Plenary (large group time)
- 10:30 Break
- 11:00 Small Group Discussion
- Noon Break
- 12:30 Lunch

Afternoon Free Time

- 6:00 Dinner
- 7:00 Singing
- 7:30 Plenary
- Small Group Discussion
- 9:00 Group Recreation
- 10:00 Evening Prayer

Sunday

- 7:00 Early Morning Options again
- 8:30 Breakfast
- 9:45 Worship planning
- 11:00 Worship
- 12:30 Lunch

Return Home Safely

REGISTRATION

RETR EAT RECONNECT RENEW

Name _____

Email _____

Address _____

Phone(s) _____

Roommate Request 1. _____ 2. _____

Transportation I need a ride. I can provide a ride for _____ (number of people).

Accessibility I need a downstairs room.

Payment Enclosed is my Early Bird registration fee of \$135, made payable to Westminster Presbyterian Church.

Enclosed is my registration fee of \$75, with balance of \$75 due no later than September 1, 2010.

I am adding a gift of \$_____ to help pay for scholarships for the Women's Retreat.

Note: Registration fees are non-refundable, and participants are encouraged to find someone who can attend in their place should they be unable to attend. Send registration to Westminster Presbyterian Church, attn. Susan Alexander, 1502 West 13th Street, Wilmington, DE 19806.